

The Right Questions, by Debbie Ford

“Ten Essential Questions to Guide You To An Extraordinary Life”

- 1.) Will this choice propel me toward an inspiring future or will it keep me stuck in the past?
- 2.) Will this choice bring me long-term fulfillment or short-term gratification?
- 3.) Am I standing in my power or am I trying to please another?
- 4.) Am I looking for what's right or am I looking for what's wrong?
- 5.) Will this choice add to my life force or will it rob me of my energy?
- 6.) Will I use this situation as a catalyst to grow and evolve or will I use it to beat myself up?
- 7.) Does this choice empower me or does it dis-empower me?
- 8.) Is this an act of self-love or is it an act of self-sabotage?
- 9.) Is this an act of faith or an act of fear?
- 10.) Am I choosing from my Divinity or am I choosing from my humanity?